



Measured Rolls: 5-17 Stroke

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5 STROKE-Duple

1. 

Hand Speed → (R R R R R R R R)

2. 

Etc. → (R R L R R L R R L R R L)

3. 

4. 

5. 

5 STROKE-Triple

1. $\frac{6}{8}$ R L R L R L


2. (R L L R R) (L R R L L)

3. R L R L R L

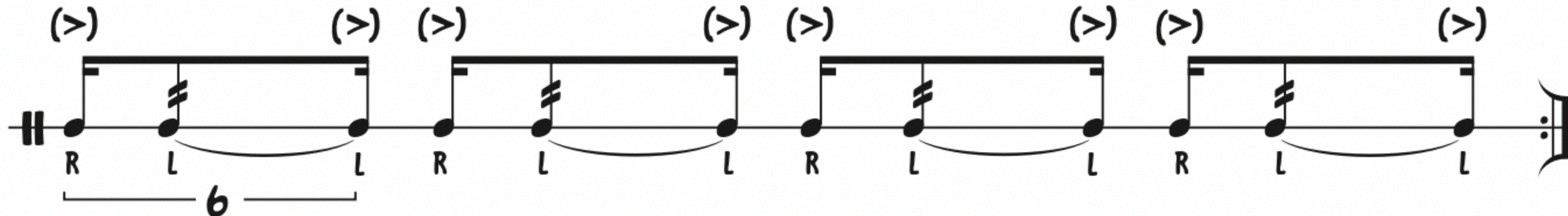
4. (>) L 5 L (>) R

6 STROKE-Duple

1. 

2. 

3. 

4. 

6 STROKE-Triple

1. R L R L R L

2. R L L R R L

3. R L L R R R (>) (>)

4. R L L R R L R R L

5. R L L R L (>) (>)

7 STROKE-Duple


1. 

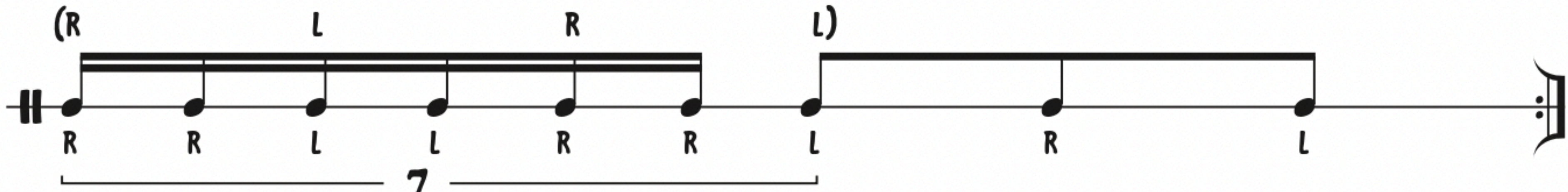
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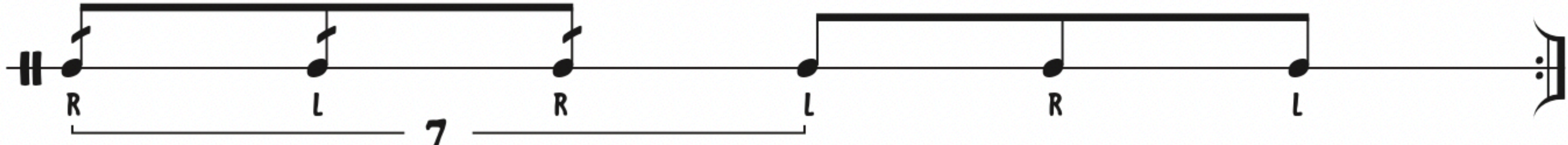
3. 

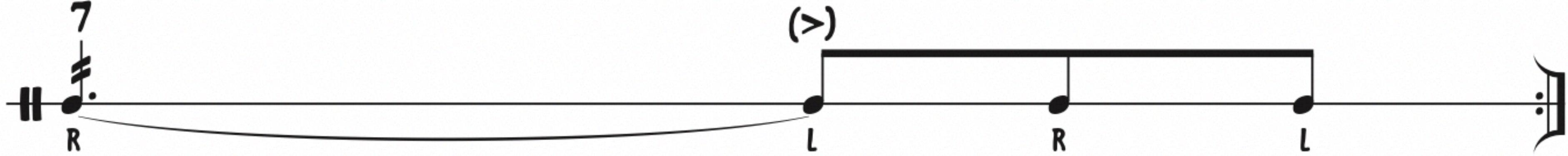
4. 

7 STROKE-Triple

1. 

2. 

3. 

4. 

9 STROKE-Duple

1. **R L R L R** **R L R L R**


2. **(R L R L R)** **(R L R L R)**
R R L L R R L L R **R R L L R R L L R**


3. **R L R L R** **R L R L R**

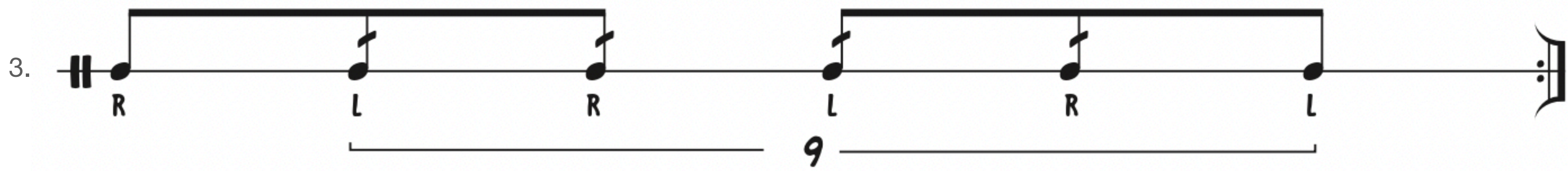
4. **9** **(>)** **(>)**

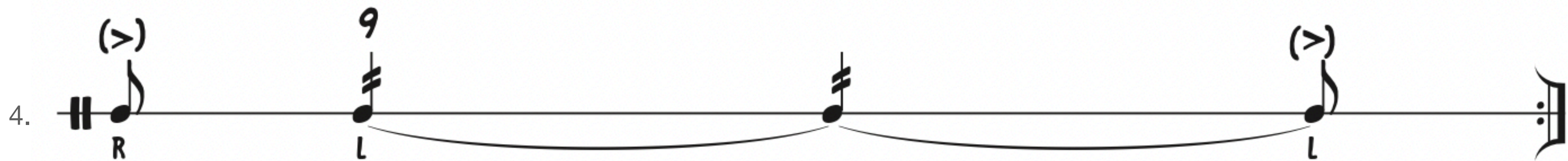
The image displays four variations of a 9-stroke exercise in a duple meter. Each variation is shown on a single staff with a double bar line at the beginning and a repeat sign at the end. Variation 1 consists of two groups of five notes: the first group has notes on the first, second, third, and fourth lines with strokes labeled R, L, R, L, R; the second group has notes on the first, second, third, and fourth spaces with strokes labeled R, L, R, L, R. Variation 2 consists of two groups of nine notes: the first group has notes on the first, second, third, fourth, fifth, sixth, seventh, eighth, and ninth lines with strokes labeled R, R, L, L, R, R, L, L, R; the second group has notes on the first, second, third, fourth, fifth, sixth, seventh, eighth, and ninth spaces with strokes labeled R, R, L, L, R, R, L, L, R. A bracket labeled '9' spans the first group of notes. Variation 3 consists of two groups of five notes: the first group has notes on the first, second, third, and fourth lines with slanted strokes labeled R, L, R, L, R; the second group has notes on the first, second, third, and fourth spaces with slanted strokes labeled R, L, R, L, R. Variation 4 consists of two groups of two notes: the first group has notes on the first and fifth lines with strokes labeled R and (>); the second group has notes on the first and fifth spaces with strokes labeled R and (>). A bracket labeled '9' spans the first group of notes.

9 STROKE-Triple

1. 

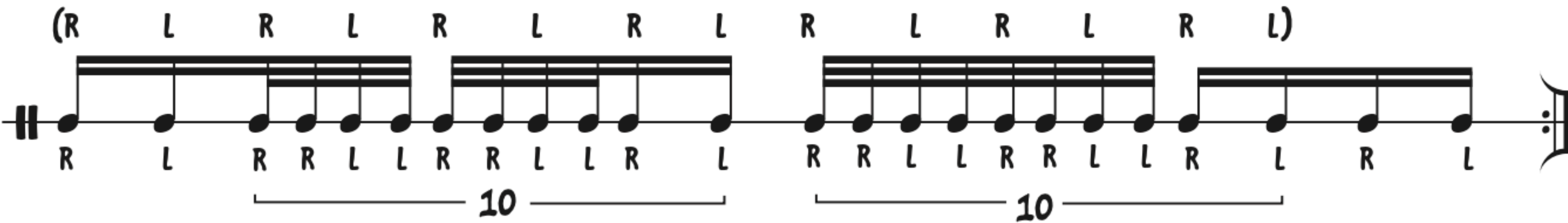
2. 

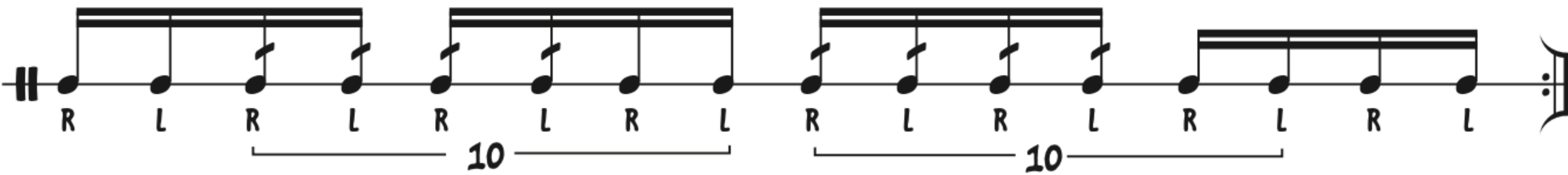
3. 

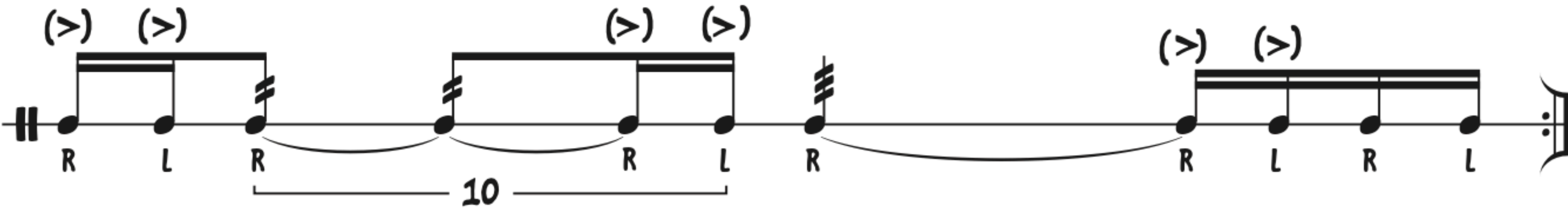
4. 

10 STROKE-Duple


1. 


2. 

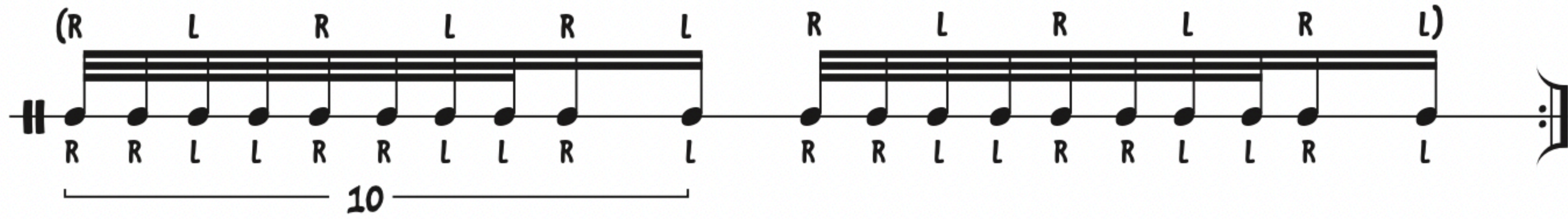
3. 

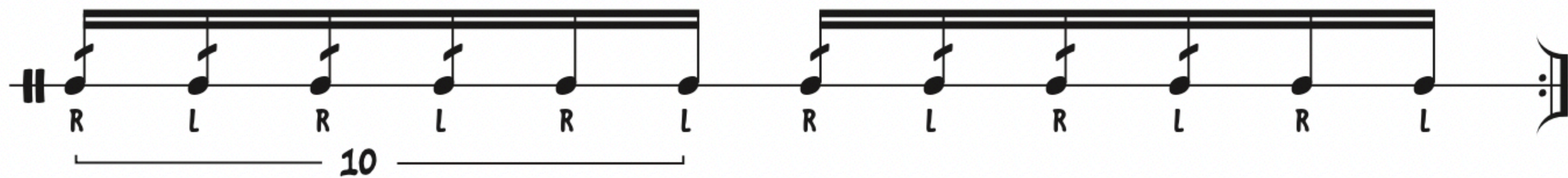
4. 

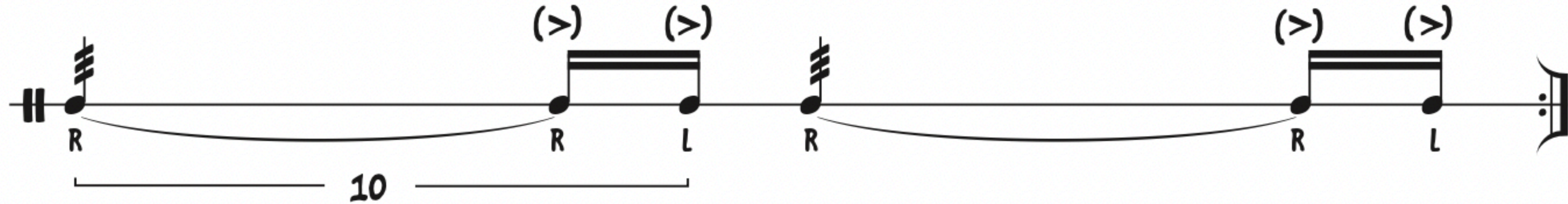
10 STROKE-Triple

1. 

2. 

3. 

4. 

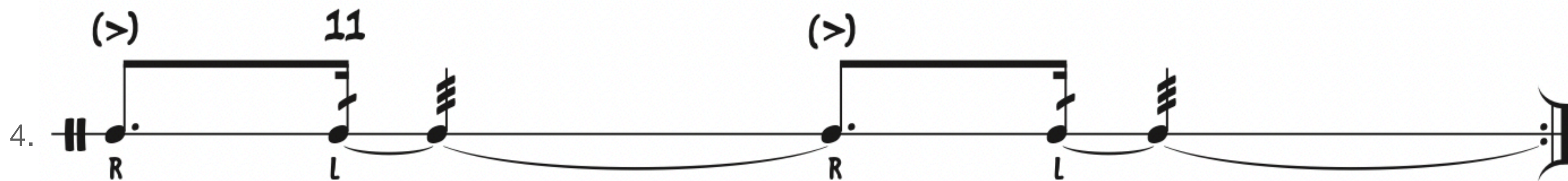
5. 

11 STROKE-Duple

1. 

2. 

3. 

4. 

11 STROKE-Triple

1

R L R L R L R L R L

2

(R L R L R L R L R L)

R L L R R L L R R L L R L L R R L L R L L R R L L

11

3

R L R L R L R L R L

11

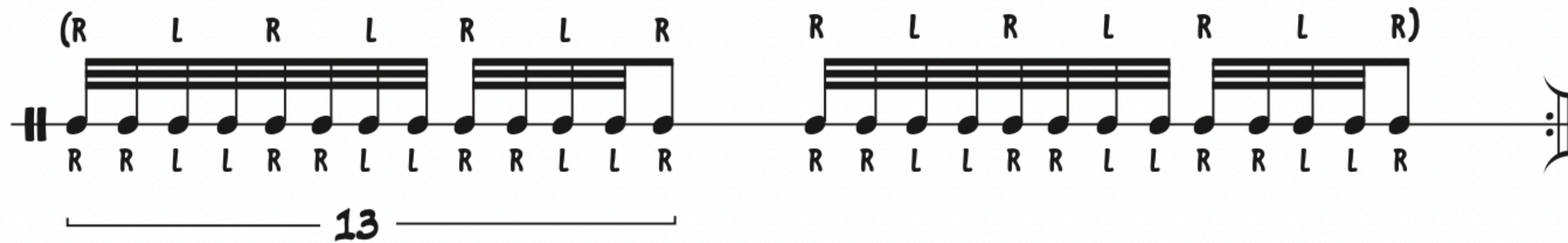
4

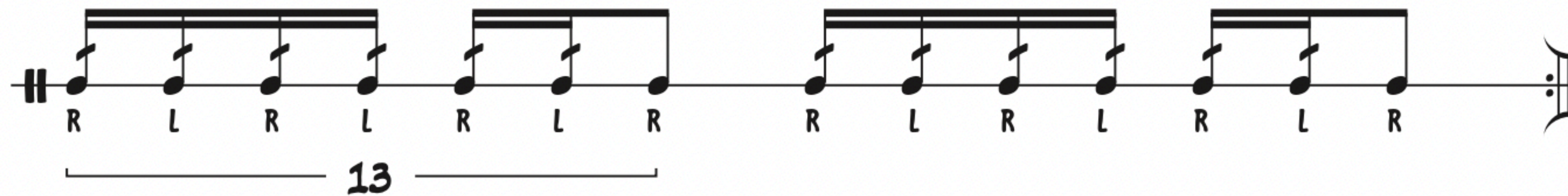
(>) 11 (>)

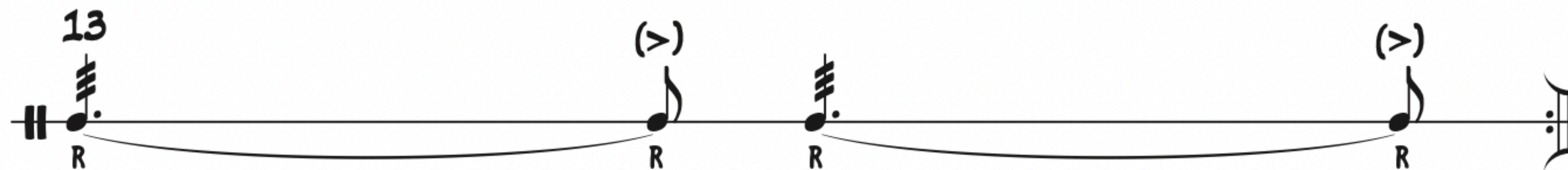
R L R L

13 STROKE-Duple


1. 

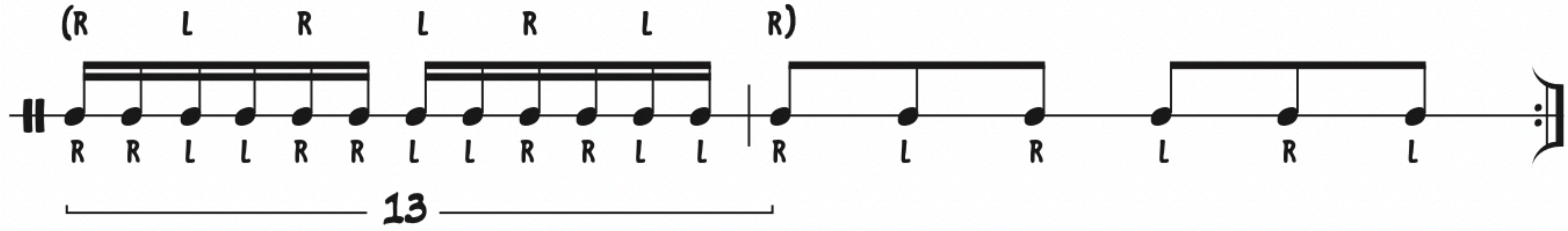
2. 
A bracket below the first two groups is labeled "13".

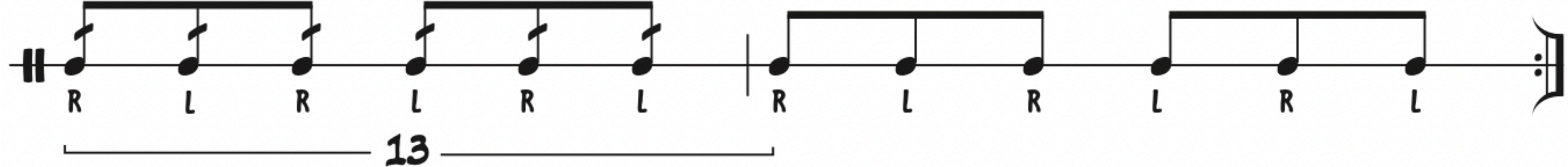
3. 
A bracket below the first two groups is labeled "13".

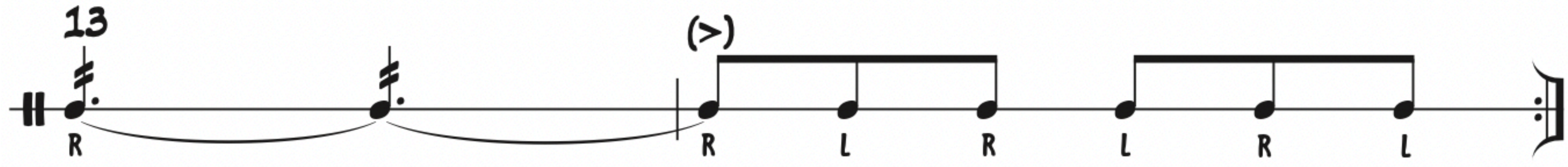
4. 
A bracket above the first two groups is labeled "13".

13 STROKE-Triple


1. 

2. 


3. 


4. 

15 STROKE-Duple

1. 
R L R L R L R L R

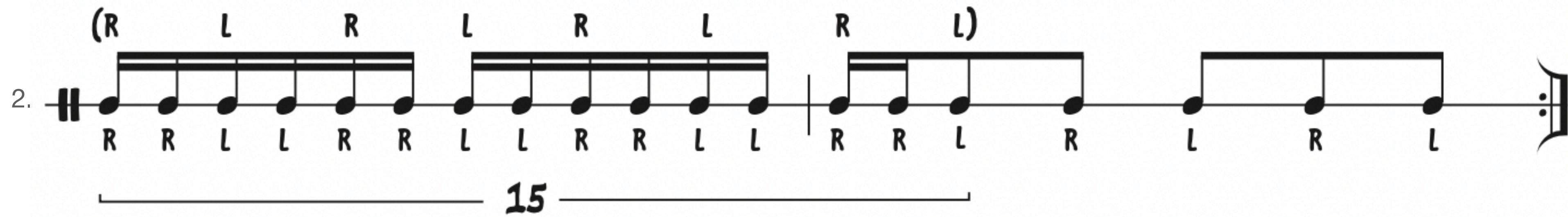
2. 
(R L R L R L R L R)
R L L R R L L R R L L R R L L R

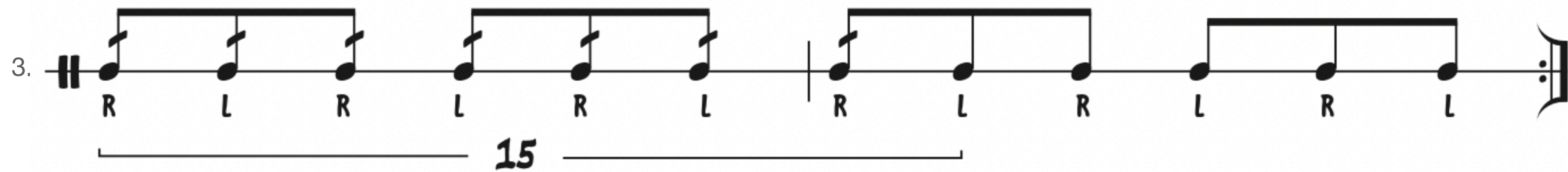
3. 
R L R L R L R L R

4. 
(> 15 (>)
R L R

15 STROKE-Triple

1. 

2. 
15


3. 
15


4. 
15 (>)


17 STROKE-Duple

1. 
R L R L R L R L R L R L R L R L


(R L R L R L R L R)

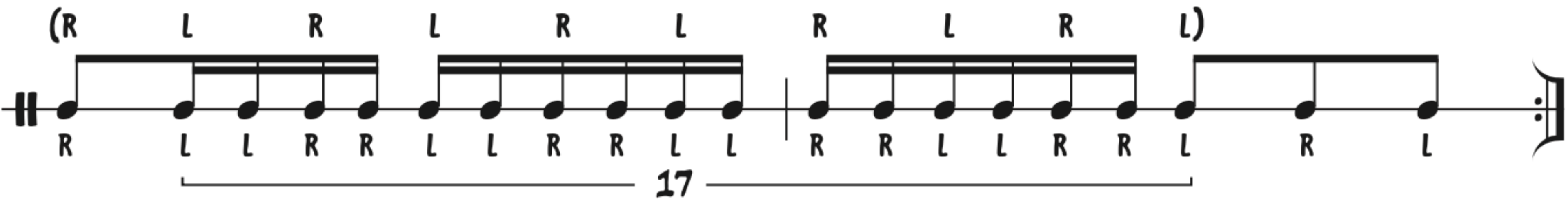
2. 
R R L L R R L L R R L L R R L L R L R L R L

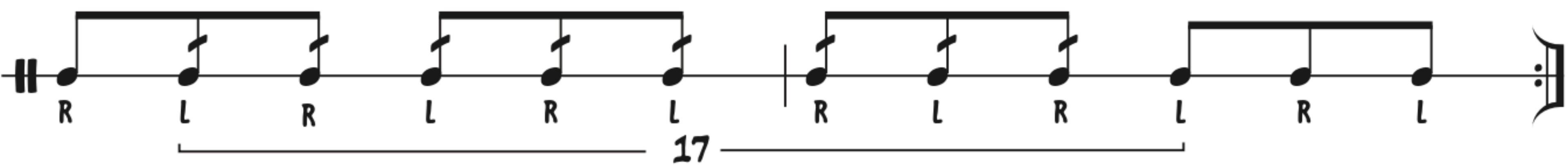
3. 
R L R L R L R L R L R L R L R L


4. 
R L R L R L R L

17 STROKE-Triple

1. 

2. 


3. 

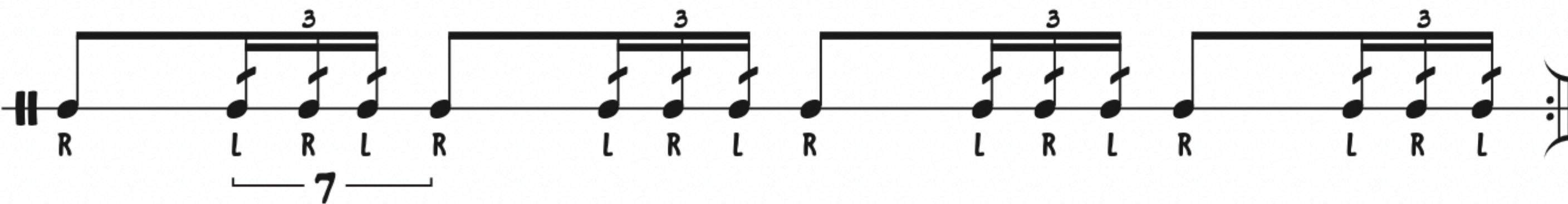
4. 

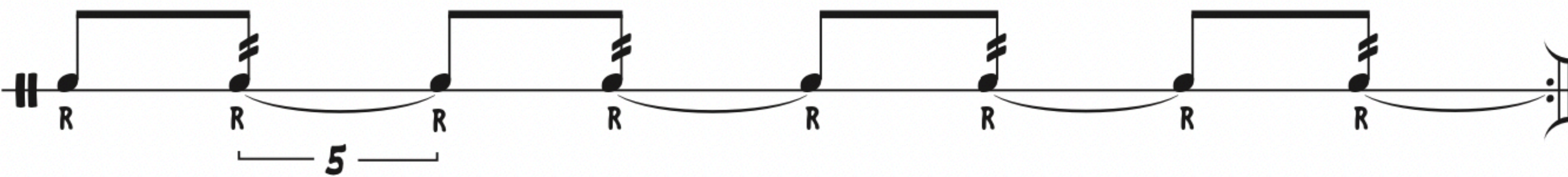
5 to 7 STROKE

1. 

2. 

3. 

4. 

5. 

6. 